

# Ten great reasons to use **myuhc.com**<sup>®</sup>



The tools on myuhc.com are practical and personalized. Register at myuhc.com to access plan benefits and health care information.

- 1. Request a health plan ID card.** Print a temporary ID card or request a replacement card.  
Select *Account Settings*
- 2. Ask health care professionals.** Communicate one-on-one online 7 days a week with a registered nurse who can help answer your questions and give you advice.  
Select *Live Nurse Chat* located on the home page
- 3. Organize your medical claims online.** View your claims, how much you've paid and your remaining balances. Review your Health Statements, download your claims to a spreadsheet for easy tracking, set up direct deposits and more.  
Select *Claims & Accounts*
- 4. Get information about hospitals and physicians.** Find information on network doctors and health care professionals. You can even find out what physicians are recognized in the UnitedHealth Premium<sup>®</sup> designation program, a free informational tool that evaluates physician and facilities using national quality and cost efficiency standards in their specialty.  
Select *Physicians & Facilities*
- 5. Order and renew prescriptions online.\*** See information about your pharmacy benefits, prescription history and drug coverage. Order prescriptions or check order status. Learn more about medications, including interactions and side effects. Price a Medication and find out whether there is a lower cost option. Locate a neighborhood pharmacy or even arrange home delivery of your order.  
Select *Pharmacies & Prescriptions*
- 6. Learn more about your coverage.** Check your current benefits, deductibles and out-of-pocket costs; confirm what's covered and what's not covered.  
Select *Benefits & Coverage*
- 7. Organize and store all of your health data in one convenient, confidential place.** Record your family health history, allergies and immunizations, and personal contacts. Review medical and pharmacy claims information, as well as lab results. Track your progress with important Health Trackers such as blood pressure, cholesterol, and weight. Print or download a historical claims summary known as the Personal Health Summary.  
Select *Personal Health Record*
- 8. Improve your health habits.** Participate in Online Programs that help you set goals to achieve health objectives. Find out the best way to improve your health by taking the online Health Assessment.  
Select *Health & Wellness* or click on the Health Assessment from the home page
- 9. Learn about health conditions and treatment options.** Medical information from reliable resources recognized by physicians.  
Select *Health & Wellness*
- 10. Access your family's health information anytime, anywhere.** UnitedHealthcare Health4Me mobile app provides you information on the go when your family needs it most. Currently available for iPhone<sup>®</sup> and Android<sup>™</sup> operating systems.

## Register at myuhc.com today.

- 1 Click "Register Now"
- 2 Enter the requested information
- 3 Begin using the site



# myuhc.com At-a-Glance

## All about benefits

- ▶ Check your claims status and history
- ▶ Review coverage and benefit information
- ▶ Find a physician or hospital
- ▶ Print a temporary ID card or request a replacement health plan ID card
- ▶ Review Flexible Spending Account information (if in coverage)
- ▶ Order and renew prescriptions (if in coverage)

## Better information means better health

- ▶ Review hospital specialties and quality and cost information on hospitals in your area using the Hospital Comparison Program
- ▶ Access information on the go using the Health4Me mobile app
- ▶ Chat with a registered nurse in real time
- ▶ Learn about health conditions, symptoms and the latest treatment options
- ▶ Get a personalized Health Assessment that will help you set goals and change health habits

myuhc.com makes managing your personal health and benefits easy and convenient. Learn about health conditions, treatments and costs. Also see how myuhc.com can save you time and money by helping you manage your health care coverage and at the same time make more informed decisions about medical treatments and overall wellness.

**It's all online and at your fingertips just by registering at myuhc.com.**

## It's easy to register:

- 1 Visit myuhc.com and click "Register Now"
- 2 Enter the requested information
- 3 Begin using the site



Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

For a complete description of the UnitedHealth Premium® Designation program, including details on the methodology used, geographic availability, program limitations and medical specialties participating, please see myuhc.com®.

